

A selection of fruit & milk available with meals. Check school website [uplifteducation.org](http://uplifteducation.org) for additional information and updates.

# MARCH 2023

## Breakfast

Breakfast: FREE  
Lunch: Free & Reduced: Free  
Paid: \$2.95  
Menu Subject To Change

**Monday**



**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Breakfast: 1**

Pancake Wrap  
Or  
Cereal

**Breakfast: 2**

Blueberry Muffin  
Or  
Cereal

**Breakfast: 3**

Kolache  
Or  
Cereal

**Breakfast: 6**

Cinnamon Crumble  
Or  
Cereal

**Breakfast: 7**

Banana Loaf  
Or  
Cereal

**Breakfast: 8**

Honey Bun  
Or  
Cereal

**Breakfast: 9**

Blueberry Muffin  
Or  
Cereal



**13**



**17**



**Breakfast: 20**

Frudel  
Or  
Cereal

**Breakfast: 21**

Banana Loaf  
Or  
Cereal

**Breakfast: 22**

Egg & Cheese Croissant  
Or  
Sausage & Cheese Croissant

**Breakfast: 23**

Blueberry Muffin  
Or  
Cereal

**Breakfast: 24**

Honey Bun  
Or  
Cereal

**Breakfast: 27**

Poptart  
Or  
Cereal

**Breakfast: 28**

Banana Loaf  
Or  
Cereal

**Breakfast: 29**

Pancake Wrap  
Or  
Cereal

**Breakfast: 30**

Blueberry Muffin  
Or  
Cereal

**Breakfast: 31**

Kolache  
Or  
Cereal

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